

PRESET COOKING TABLE

In the following table you can find more information about the cooking presets.

	Cooking Preset Type	Min-Max Amount of Ingredients	Time (Min)	Temperature	Overturn	Additional Information
	Fresh Fries	600 - 1000 g / 21 - 35 oz	18 - 25	200°C / 400°F	Yes	 Use mealy potatoes. Soak 30 minutes in water, dry then add ¼ to 1 tbsp of oil. Shake, turn or stir 4 times in between.
چ <i>و</i>	Chicken Drumsticks	700 - 900 g / 25 - 32 oz	20 - 25	180°C / 360°F	Yes	 Add ½ tbsp of oil. Shake, turn or stir in between.
R.	Shrimp	150 - 250 g / 5 - 9 oz	15 - 20	160°C / 320°F	Yes	
٢	Cake	550 - 650 g / 19 - 23 oz	35 - 45	160°C / 320°F	Yes	
6	Beef Steak / Chops	450 g / 16 oz	15 - 25	160°C / 320°F	Yes	• Add ½ tbsp of oil.
•	Fish	200 - 300 g /7 - 11 oz	15 - 20	180°C / 360°F	Yes	 Whole fish around 200 – 300 g / 7 – 11 oz
٤	Ribs	350 - 450 g / 12 - 16 oz	15 - 20	180°C / 360°F	Yes	
	Keep Warm	N/A	120	60 - 90°C / 140 - 190°F	N/A	